

USATF YOUTH AGE GROUPS 2026

The USATF Youth Indoor Championships are open to all USATF age verified members who fall within the age divisions listed below:

<u>Age Division</u>	<u>Year of Birth</u>
8 and Under Division*	2018 +
9 - 10 Division	2016 - 2017
11 - 12 Division	2014 - 2015
13 - 14 Division	2012 - 2013
15 - 16 Division	2010 - 2011
17 - 18 Division**	2008 - 2009

*Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships.

**Athletes who are still eighteen (18) years of age through the final day of the National Junior Olympic Track and Field Championship shall be eligible to compete in the 17-18-year-old division through that meet. This extended eligibility does not apply to cross-country events.